Assessment of your risk in the workplace

**Why would you want to assess your risk?**

* Health service staff and other front-line workers are at higher risk of contact with coronavirus.
* The risk of catching the virus may vary, depending on what tasks you do at work, and where exactly you do them.
* Certain factors make an individual more likely to become seriously ill if he catches the virus.
* Assessment helps you to find out whether your risk is particularly high. If it is, your manager may provide more protection, or move you to do other tasks.

**Self Assessment and Decision score**

The following risk calculator, known as SAAD, was devised by GPs and practice managers at the Arlington British Medical Academy in Manchester.

<https://abmacademy.com/saad-risk-scoring-for-bame/>

The authors explained that this risk calculator has been developed for use in GP surgeries, by both clinical and non-clinical staff. It is also applicable to all ethnic groups.

**Please note**

* This is one of the ways your workplace supports you during these difficult times.
* The assessment requires personal health data, and it is your own choice whether you wish to cooperate.
* It is not a substitute for your normal health care, and if any issues are picked up, you are encouraged to contact your own GP for advice.

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